



Where you're a
Person,
not a prescription



Medicare Part D's Medication Therapy Management Program

Federal law requires Medicare Part D prescription drug plans to offer medication therapy management (MTM) programs to help targeted enrollees avoid drug-related problems and optimize medication benefits.

What is Medication Therapy Management?

Medication therapy management, also referred to as MTM, is a term used to describe a broad range of health care services provided by pharmacists, the medication experts on the health care team. MTM is a service or group of services that optimize therapeutic outcomes for individual patients. Medication therapy management services include medication therapy reviews, pharmacotherapy consults, anticoagulation management, immunizations, health and wellness programs and many other clinical services. Pharmacists provide medication therapy management to help patients get the best benefits from their medications by actively managing drug therapy and by identifying, preventing and resolving medication-related problems.



Why is MTM Needed?

Medication-related problems and medication mismanagement are a massive public health problem in the United States. Experts estimate that 1.5 million preventable adverse events occur each year that result in \$177 billion in injury and death.

Where is MTM provided?

Pharmacists provide medication therapy management services in all care settings in which patients take medications. While pharmacists in different settings may provide different types of medication therapy management services, the goal of all pharmacists providing medication therapy management is to make sure that the medication is right for the patient and his or her health conditions and that the best possible outcomes from treatment are achieved.

Who can benefit from MTM?

Anyone who uses prescription medications, non-prescription medications, herbals, or other dietary supplements may potentially benefit from medication therapy management services. People who may benefit the most include those who use several medications, those who have several health conditions, those who have questions or problems with their medications, those who are taking medications that require close monitoring, those who have been hospitalized, and those who obtain



An Annual Comprehensive Medication Review (CMR) - interactive, person-to-person, or telehealth consultation performed by a pharmacist or other qualified provider for the beneficiary with an individualized, written summary in CMS' standardized format.

A pharmacist or other health professional will give you a comprehensive review of all your medications and talk with you about:

- How to get the most benefit from the drugs you take
- Any concerns you have, like medication costs and drug reactions
- How best to take your medications
- Any questions or problems you have about your prescription and over-the-counter medication

